Latest from Linda
Happy New Year! 2015 was action packed for the Leisure Center staff. You can check out photo highlights on page 10. Back by popular demand is the Chinese New Year at Wok ‘N Fire—details on page 5. Check out the new Live and Learn Series at the Leisure Center featuring four free seminars on page 7. I hope you will join us for an event or program this season.

Linda

Leisure Center Manager
Linda Dolan ~ 630.510.5030

Leisure Center Travel Coordinator
Laura Bessey ~ 630.510.5032

Administrative Support
Patty Walkowicz ~ 630.510.5031

Customer Service Staff
Mary Ann Stetler Mary Lou Wirthers
Ann King Kerry Weatherred

Contact Us
Our friendly staff are available Monday through Friday from 8:30A to 3P. We are located in Memorial Park (home of the bandshell) at 208 W. Union Ave. We offer convenient phone-in registration with your Visa or MasterCard. Call us at 630.665.1415 to register or for information about the many programs and services we offer for active adults.

Cover photo (left to right): Mary Ann Stetler, Patty Walkowicz, Linda Dolan, and Laura Bessey
Hairspray

Hairspray is a high-octane ride with thrilling choreography, rockin’ tunes, and explosively colorful costumes. Tracy Turnblad is a plus-size teen with plus-size hair, and has one plus-size dream – to dance her way onto Baltimore’s smash hit TV dance show. Enjoy a pre-show lunch at Harner’s of North Aurora with your choice of 1) chicken, 2) catfish, 3) ham or 4) pot pie. Please make your entreé selection when you register. (LD)

Location: Paramount Theatre Limit: 40
Age Dates Day Time R/NR Fee Class #
18 & over 2/17 W 10:30A-4:30P $85/$85 135113-01

Bye Bye Birdie

This fun retro musical tells the story of an Elvis inspired rock star who creates havoc in a small Midwestern town where he stops for one last publicity junket before joining the army. A delicious pre-show lunch at Drury Lane is included; please make your entreé selection of 1) chicken or 2) tilapia when you register. Drive on your own or take the Windsor Park shuttle for an additional $10. (LD)

Location: Drury Lane (Oakbrook Terrace) Limit: 40
Age Dates Day Time* R/NR Fee Class #
18 & over 3/3 Th 11:30A-4:30P $59/$59 135106-01
* Lunch begins at 11:30A; show time is 1:30P.

Downton Abbey

at the Driehaus Museum

If you are a Downton Abbey fan you are going to love this trip! The Dressing Downton: Changing Fashion for Changing Times exhibit features more than 35 costumes from the popular British television series Downton Abbey®. The award-winning costumes use original fabrics and embellishments from the early 20th century. Enjoy a traditional English tea in an inviting garden-inspired setting adjacent to the Museum. Your afternoon high tea includes seasonal scones and cake breads, tea sandwiches, and a variety of sweets catered exclusively by Parties & Special Events by Lettuce Entertain You® as well as a selection of two specialty teas locally sourced from Chicago’s own Rare Tea Cellars. We will finish our day with a tour of nearby St. James Cathedral, a spectacular Chicago historic landmark. Don’t miss this once-in-a-lifetime opportunity to immerse yourself in Downton Abbey’s original wardrobe exhibition. (LD)

Location: Community Center Limit: 39
Age Dates Day Time R/NR Fee Class #
18 & over 3/17 Th 8A-3P $106/$106 235102-01

Assassination Theater

at the Museum of Broadcast Communications, Chicago

Hear the real story behind JFK’s assassination. Don’t miss this acclaimed theatrical event featuring rare photos and documented testimony presented by four actors. Based on secrets kept by retired FBI agents, the play reveals the full story behind JFK’s assassination and the role Chicago’s mob played in it. An added bonus on today’s trip is a guided tour of the Museum of Broadcast Communications featuring the new Johnny Carson exhibit. A delicious three-course lunch including salad, pasta, meatballs, and tiramisu will be served at the museum. (LD)

Location: Community Center Limit: 50
Age Dates Day Time R/NR Fee Class #
18 & over 4/6 W 10A-6P $99/$99 237108-01
West Side Story

West Side Story is quite possibly one of the greatest love stories ever told. From heart-wrenching ballads like “Somewhere” and the steamy Latin beats of “America” to the soaring lyrics of “Tonight,” West Side Story is a Leonard Bernstein & Stephen Sondheim musical masterpiece. Paramount’s creative team takes this production to a level that makes this the West Side Story you never forget. Trip includes ticket and transportation. (LD)

Location: Paramount Theatre  Limit: 22

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George Strait at Starved Rock

Veteran Branson entertainers Gordy and Debbie pay tribute to living legend George Strait. Hear his greatest hits along with fun facts and trivia about George, with a dash of comedy sprinkled in. This husband-and-wife duo is a must-see for all George Strait fans. Enjoy a delicious lunch in the 1930s-era stone and log Lodge, featuring incredible homemade dishes. It’s nestled within the 2,630 acres of thick forests, 18 lush canyons, and sparkling waterfalls of Starved Rock State Park. (LD)

Location: Community Center  Limit: 47

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Irving Berlin at the Royal George

Irving Berlin was a Russian-born Jewish/American composer and lyricist widely considered one of the greatest songwriters in American history. This show brings his remarkable story to life. Hershey Felders’ masterful creation of character and musical performance makes this day with Irving Berlin an unforgettable journey that epitomizes the American dream. Preshow lunch at the Marcellos Lincoln Park eatery includes Caesar salad, batter dipped broasted chicken, penne pasta, and a dessert platter filled with caramel, fudge, walnut, and cream cheese brownie wedges. (LD)

Location: Community Center  Limit: 38

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Polonia Chicago with City Ventures

Trace the development of the Polish population of Chicago from early immigration in the 1800s to its growth to become the largest population outside Warsaw. The first museum you’ll visit is the recently renovated Polish Museum of America, which contains one of the largest collections of Polish artifacts and archives outside Poland. Next you’ll tour the elaborate and majestic St. Hyacinth Basilica built in the early 1900s. Our final stop is the Ed Paschke Art Center. Paschke is one of Chicago’s most celebrated artists. A “taste of Poland” buffet lunch at the popular Red Apple Restaurant is included in the day’s adventure. (LD)

Location: Community Center  Limit: 47

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Day Trips

**Donny & Marie**

at the Paramount Theatre, Aurora

No need to fly to Vegas for Osmond fun—come see for yourself why, year after year, Donny & Marie are voted the Best Of Vegas. With more than 90 years in show biz between them, Donny & Marie are bringing their catalog of chart-toppers like "Puppy Love," "A Little Bit Country, A Little Bit Rock N Roll" and countless more to the stage. Add in their fun-loving personalities, high-energy style, and serious dance skills, and this is one production you won’t want to miss. Enjoy a preshow luncheon at award-winning Cooper’s Hawk Winery and Restaurant in Naperville. You’ll enjoy an upscale casual dining restaurant, full-service bar, private barrel-aging room, and Napa-style tasting room and retail gift store. Lunch includes salad, plus your choice of 1) Dana’s parmesan-crusted chicken with tomato basil relish, lemon butter, Mary’s potatoes, and garlic green beans or 2) Soy ginger salmon with wasabi-buttered potatoes and Asian slaw. Please make your menu selection when you register. (LD)

**Evita**

at Marriott Lincolnshire

Andrew Lloyd Webber’s complex and dynamic musical masterpiece, Evita, tells the story of Eva Peron’s ambitious rise from poverty to First Lady of Argentina. It features a renowned musical score including “Don’t Cry For Me, Argentina.” Enjoy a wonderful lunch at world famous Bob Chin’s Crabhouse before the show. Choose from seven different entrée choices at the restaurant. (LD)

**Patty Waszak**

at White Fence Farm

Patty is a dynamic vocalist and hilarious comedienne, and she plays over 30 different instruments! Her lively, up-tempo show features a wide variety of music including big band, polkas, 50s and 60s rock and roll, country, and many ethnic melodies. Lunch at White Fence Farm includes their world-famous fried chicken, assorted salads, potatoes, corn fritters, and dessert. (LD)

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**In the Works…**

- May 19: Chicago Cubs vs. Brewers in Milwaukee
- June 22: Chicago Riverwalks with City Ventures
- July 19: City in a Garden with City Ventures
- August 2: Les Miserables and Phantom at Starved Rock
- August 18: Chicago Cubs vs. Brewers at Wrigley Field
Chinese New Year Party
Ring in the Chinese New Year in style at Wok 'N Fire in downtown Wheaton. Enjoy a delicious Chinese lunch served family style plus an entertaining and fun show featuring Piano Man Peter Miletic. (LD)

Location: Wok N Fire Restaurant  Limit: 50
Age  Dates  Day  Time  R/NR Fee  Class #
18 & over  2/4  Th  12-2P  $28/$28  135180-01

Valentine’s Day Dance
Celebrate Valentine’s Day in style at Arrowhead’s elegant clubhouse. Music will feature vocalist, Sandi Haynes and the Tim Wilsey Trio. Dinner includes your choice of filet, chicken, or vegetarian dish plus soup, vegetables, dessert, and a champagne toast. Register by Feb. 4. (LD)

Location: Arrowhead Golf Club
Age  Dates  Day  Time  R/NR Fee  Class #
21 & over  2/11  Th  6-9P  $49/$49  118160-01

Sunshine Luncheon
Let the sunshine in! Wear your sunny best for this beloved annual event at Brookdale Glen Ellyn (formerly The Meadows). The chef has created a special menu, including cream of carrot soup, pork tenderloin medallions with red wine reduction, twice-baked potato casserole, green beans almandine, and cheesecake with fresh strawberries. After lunch, sit back and enjoy Ainsworth Rose, The Jamaican One-Man Band. He’ll perform Hot Hot Hot, La Bamba, Margaritaville, and many more lively and fun songs. Drivers will find 25 reserved parking spots waiting at Brookdale near a side door, with additional parking across the street. Brookdale Glen Ellyn is located at 60 N. Nicoll, Glen Ellyn. Heading east on Roosevelt, turn north on Nicoll, the first light east of Park Blvd. Brookdale is one half-block north on the left. (LD)

Location: Brookdale of Glen Ellyn  Limit: 75
Age  Dates  Day  Time  R/NR Fee  Class #
18 & over  3/16  W  12-2P  $19/$19  118162-01

Hawaiian Holiday
Aloha! You’ll feel like you are in a tropical paradise today as you enjoy the tastes, sounds, and dances of the Hawaiian Islands. Your day will begin with a delicious feast that includes strawberry spinach salad with walnuts, Hawaiian chicken with pineapple and teriyaki sauce, vegetable fried rice, pea-pods with water chestnuts, and pineapple upside-down cake. After lunch, you’ll enjoy a show filled with traditional dancers performing dances from the Hawaiian Islands, plus Tahiti and Polynesia! You may even feel inspired to join in! Today’s entertainment is sponsored by Monarch Landing and The Springs, Naperville. (LD)

Location: Abbington Banquets  Limit: 75
Age  Dates  Day  Time  R/NR Fee  Class #
18 & over  4/26  Tu  12-2P  $32/$32  218180-01
Intermediate Bridge – Play of the Hand
Make a plan. Count winners at no trump, losers at a suit contract. Learn to establish tricks by finessing (make a wish), trumping, and suit establishment. Make those difficult contracts expected by partner. Don’t touch a card until you know how you are going to proceed. Class will consist of a lecture on a particular subject and play of hands on that subject. Notes and copies of hands to take home will be provided. Most of all, have more fun playing our favorite game well! Instructor Ron Fogel is an American Contract Bridge League-certified bridge teacher and a certified club director as well as a Silver Life Master. He has taught bridge for many years at River Forest, Leyden Park District, Willowbrook Evening School, Triton Junior College, and for the last 15 years at College of DuPage. (LD)

**Location:** Leisure Center  
**Limit:** 24

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**Tax Aide**
Wheaton Park District Community Center  
(1777 S. Blanchard Rd., Wheaton)
Starting on January 4, make an appointment to have your taxes prepared for free by AARP volunteers. Appointments are available every Tuesday morning from February 9-April 12. Please have last year’s return paperwork available when you call to make your appointment. If we did your taxes last year you were given an envelope and assigned either an A or B. Tell us which letter you were assigned when you make your appointment. Call the Leisure Center at 630.665.1415 or the Wheaton Park District Community Center at 630.690.4880 to make an appointment. **Important:** Bring your 2014 return and all tax related paperwork for 2015 to your appointment, and call us if you decide to cancel.

Movie Matinees
At Wheaton Public Library • 1P  
(225 N. Cross Street, Wheaton)  
Tickets are free and are available at the Leisure Center and the Library.
- January 19  Woman In Gold
- February 16  Inside Out
- March 15  The Intern

Ongoing Programs and Games at the Leisure Center
Play when you can. Newcomers welcome!
- Bolivia, Thursday, 12:30-2:45P
- Bridge, Social Monday, 9A-Noon
- Bridge, Practice, Tuesday, 1-2:45P; Thursday, 10A-12P
- Canasta, Monday, 12:30-2:45P
- Dominoes, Tuesday, 1-3P
- Duplicate Bridge, Tuesday, 9A-Noon
- Duplicate Bridge, First and third Friday each month, 9A-Noon
- Investment Club, 2nd Monday, 1-3P
- Mah-jong, Thursday, Noon-2:45P
- Pinochle, Friday, 12:30-2:45P
- Quilting/Charity Sewing, Friday, 1-3P

Driving Programs
**Rules of the Road** – Take a free class with an instructor from the Secretary of State to help you prepare for your written test. Upcoming dates: February 10, June 8, or October 12. Class is held at the Leisure Center, 208 W. Union Ave. in Wheaton from 1-2:30P.

**Defensive Driving**
Take an 8-hour class (classroom, not driving) presented by AARP. Upcoming Dates: February 10-11, May 4-5, September 7-8, and December 7-8. New Time: 9A-1P. Location: Wheaton Park District Community Center, 1777 S. Blanchard Road, Wheaton (home of Rice Pool). Please note that classes are held on Wednesday and Thursday, and you must attend both days to receive your certificate. Cost: $15 with AARP card; $20 without AARP card. Bring a check to class made out to AARP with AARP membership card.

Don’t delay—register today!
The following seminars are designed to help you lead a healthy, happy life. All seminars are free. Please reserve your spot by calling the Leisure Center at 630.665.1415. An optional goodwill offering is cordially invited to benefit the Wheaton Park District Leisureship Fund, which brings recreation and fun to our residents facing hardship.

**Power of Attorney for Health Care**  
*Wednesday, February 3 • 12:30-2 pm*  
Why leave things to chance? Learn what a Power of Attorney actually is and how to best assure that your wishes will be understood and followed. Professionals from the Strohschein Law Group will tell you what you need to know to prepare or update your Power of Attorney. A casual box lunch will be provided prior to the seminar. Villa St. Benedict, Lisle is sponsoring this seminar and the box lunch.

**Senior Scams and Fraud Prevention Seminar**  
*Wednesday, February 24 • 1 pm*  
Learn simple and effective crime prevention tips to help you stay safe and fraud free. Hear about the latest scams that include ruse entry, gypsy scams, contractor fraud, and much more. Corporal Michael Urso with the Du Page County Sheriff’s Office Community Resource Unit presents this helpful and informative seminar.

**Senior Care from Soup to Nuts**  
*Wednesday, March 23 • 1-2:30 pm*  
Are you confused about all of the options available to you concerning care? This seminar will help you navigate those choices. Learn about the benefits of and differences between home care, home health, independent living communities, assisted living, memory care, and skilled nursing. Get a feel for the costs of each and what Medicare covers. Enjoy a light lunch of assorted hot soups and rolls at 1 pm and fascinating presentation from 1:30-2:30 pm. Seminar presenters and sponsors include Tammy Smith of CareLinx, and Bev Anderson of Concord Place.

**Hearing Loss Seminar**  
*Wednesday, April 13 • 2-3 pm*  
Learn about the signs and symptoms of hearing loss, benefits of treating early hearing changes and advanced treatment options available to you. If you or a loved one are experiencing symptoms of hearing loss, then don’t miss this opportunity to learn about the newest technology that can change your life. This fun and informative seminar is presented by Dr. Benjamin Wright.

Benjamin Wright is a nationally recognized expert in hearing instrument sciences. He has been licensed in Illinois as a Hearing Care Practitioner since 2004. Benjamin has over 10 years’ experience and has helped thousands of patients on their journey to better hearing.

Dr. Wright opened his own practice in 2009 and now is owner of 12 Chicagoland hearing health clinics.

Benjamin understands the importance of taking the time to really listen to his patients. He creates an environment where open and honest communication can take place and his patients can make decisions about their hearing needs based on facts and years of success, all without the feeling of being rushed or pressured.

His knowledge of communication disorders has helped improve the quality of life for thousands of people in his community. You can count on the absolute best hearing solution for you.
Try any of these fitness classes before you register. Simply introduce yourself to the instructor, sign a waiver, and enjoy your class.

Fifty-Something Plus Men’s & Women’s Sport Leagues/Programs

All of these programs are sponsored by the Leisure Center. They are all “drop in” programs designed to work with your busy schedule. Call Linda Dolan at 630.665.1415 for details. We love newcomers in our leagues!

Wheaton Walkers  M & Th, 8:30A
Men’s Bowling League  M, W & F, 8:45A, Wheaton Bowl
Women’s Bowling League  Tu & Th, 8:45A, Wheaton Bowl
Volleyball, Indoor  Tu & Th, 9A, Community Center
Petanque, Indoor  M, 9 am, Leisure Center

Fit for Life

This choreographed low-impact workout is set to lively music and delivers a fun, effective aerobic workout designed for people 50 and better. Purchase a punch pass at the front desk. (LD)

Location: Community Center

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Sit and Be Fit

Try this effective, fun, and safe workout that incorporates functional exercises done while sitting in a chair. This great workout emphasizes cardiovascular, endurance, strength, and stretching techniques. (LD)

Location: Community Center

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Chair Yoga

Learn a series of yoga poses that benefit your mind, body, and spirit while sitting in a chair. Benefits include better balance and posture, increased range of motion, and reduced blood pressure. (LD)

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Tai Chi & Qi Gong

Curious about Tai Chi? This beautiful combination of exercises incorporates deep breathing with flowing movement to promote relaxation, better health, and an increased range of movement. (LD)

Location: Community Center

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Qi Gong/Tai Chi Exercise

Experience the many benefits of Qi Gong breathing exercises and learn a sampling of Tai Chi moves in this fun and effective class designed to help you increase flexibility and improve balance and circulation. (LD)

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**Extended Travel**

**The Joy of Travel Without the Hassle!**
The Leisure Center offers adults 21 and over the opportunity to enjoy vacation travel without the tedious, necessary work that successful trips require. We handle those time-consuming tasks like researching locations, accommodations and restaurants; making reservations; planning transportation; and handling baggage transfers, taxes, and tips. Just pack your suitcase and leave the planning to us. For complete details, availability, and registration information, call Laura Bessey, Travel Coordinator, at 630.665.1415.

**Southern Charm**
with Collette Gateway
April 16-22, 2016 | $2,399 per person/double occupancy
Highlights: St. Augustine, Jekyll Island, St. Simons Island, Savannah, Factors Walk, Beaufort, Historic Charleston, Boone Hall Plantation

**Cuba Experience**
with Mayflower Tours
People to People Educational Experience to Cuba
May 1-9, 2016 | 9 Days | 20 Meals | $5,099 double occupancy
People to People travel encourages our personal relationship with the peoples of this island nation. Interact on a daily basis with its citizens, and learn the creativity and effort it has taken the Cuban people to achieve a positive lifestyle amid the changes that have affected them these past decades.

**Fall Getaway to Grand Rapids**
with City Ventures | 3 Day/2 Night Overnight Tour
September 27-September 29, 2016
Explore Grand Rapids on a three-day tour. Experience Frederik Meijer Gardens & Sculpture Park, tour the Gerald R. Ford Presidential Museum, visit to the Frank Lloyd Wright designed Meyer May House, and much more. You will personally find out why Groupon named Grand Rapids the #1 Travel destination for 2015!

**Panama Canal Cruise**
Featuring Mexico, Central and South Americas
Departs April 13, 2016 | 48 Meals
Sail from Miami to Los Angeles, passing through one of the world’s most impressive engineering feats, the Panama Canal. Enjoy this exotic 16-day cruise aboard the Norwegian Cruise Lines’ Pearl. Stops in Colombia, Costa Rica, and Mexico’s Riviera highlight this once-in-a-lifetime journey.

**Alaska Adventure Cruise**
Featuring the Inside Passage, the Alaska Railroad and Denali National Park
Departs July 10 or 24, 2016 | 28 Meals
Travel by train on the Alaska Railroad to Talkeetna enroute to Denali National Park. Spend two nights in Fairbanks, “The Golden Heart City.” Make your plans today to experience Alaska’s mountain spires, mighty rivers, and glaciers!

**New England & Canada Autumn Cruising**
Featuring Maine, Rhode Island, and Canada’s Maritimes
Departs September 23 or 30, 2016 | 22 MEALS
Coastal scenery, historic ports of call, and the excitement of New York City await on a cruise to Canada and New England during the beautiful autumn foliage season. Spend a night in New York City and enjoy a guided tour of this energetic city. Experience an exciting 7-day cruise aboard Norwegian Cruise Lines’ Norwegian Gem. Ports of call include Halifax, Nova Scotia; Saint John, New Brunswick; Portland, Maine; and Newport, Rhode Island. Treasure the memories of your cruise to New England and Canada.

For reservations or details, please call the Leisure Center at 630.665.1415.
2015 Staff Highlights

Laura Bessey with daughters Danielle, Brianna, and Alexxa who enjoyed a family vacation on Sanibel Island in May.

Mary Ann Stetler and her sister Kathy took a cappuccino break in Capri while exploring Italy last fall.

Mary Lou Winthers and family celebrate her 40th year at the Leisure Center last summer.

Patty Walkowicz and her husband Dan celebrated newlywed daughter Val and husband Ryan. The wedding and reception took place at the Leisure Center in July.

Kerry Weatherred and her daughter Sarah traveled to Guatemala. They worked at Fundanionos Orphanage while on a Missions Trip with Gary Methodist Church.

Linda Dolan and husband Jim celebrated their daughter Jenny’s wedding in October which was held in Las Vegas.

Ann Rehling-King and her sister Lois had a blast in Door Country with our travel group last fall.
Try Something New This Year!

Registration Information

Phone 630.665.1415
With your Visa or MasterCard.

Online
Available at wheatonparkdistrict.com

Fax 630.665.7912
Include your Visa or MasterCard info.

Mail or Drop Off...
• Leisure Center, 208 W. Union Ave.
• Community Center,
  1777 S. Blanchard Rd.
• Administration Office,
  102 E. Wesley Street

Important Stuff
NEW! Nonresident Membership Fee
Your nonresident Membership Fee is good from January 1 through December 31, 2016. This small $15 yearly fee buys you big benefits. It enables you to participate in all of our Leisure Center sponsored programs for the same price our residents pay, and you get our quarterly newsletter mailed to you. We appreciate your support of our programs and welcome you!

Register Early
We often have to turn in final counts for trips 30 days prior to the trip. Register early to avoid being disappointed.
Chicago Adventures

Downton Abbey  Thursday, March 17 • $106
If you are a Downton Abbey fan you’ll love this fashion exhibition featuring more than 35 costumes from last season. High tea at the Driehaus Museum is included in today’s unique adventure.

Assassination Theater  Wednesday, April 6 • $99
Hear the real story behind JFK’s assassination in this much acclaimed theatrical event based on FBI agent knowledge. Tour the Museum of Broadcast Communications and enjoy a delicious three course lunch.

Polonia Chicago with City Ventures  Wednesday, May 4 • $81
Trace the fascinating history of Chicago’s Polish population from early 1800’s through today. Tour the newly renovated Polish Museum of America, St. Hyacinth Basilica, and the Ed Paschke Art Center. Lunch is at Chicago’s Red Apple Restaurant.