

WHEATON PARK DISTRICT DANCE ACADEMY INFORMATION

Welcome to The Wheaton Park District Dance Academy! We are excited to offer a comprehensive dance program with instructors who have years of dance and education experience working with a variety of age groups and abilities.

Please make sure to read through this instructional guide before your first class. Our goal is to provide open communication to parents/guardians while providing exceptional instruction in a fun and safe environment for all dancers.

Class Procedure

Recital Classes will participate in the seasonal recital in May, information will be distributed via email, parents/guardians should make sure their email with the park district is up to date.

NON-Recital Classes are technique classes that will not participate in the seasonal recital. The final week of class will allow for parents/guardians to observe the end of class.

Dancers should arrive for class at least five minutes early to prepare for class, allowing time to put on dance shoes, pull hair back, use the restroom, and wait for instructor to welcome everyone into the studio. We ask that parents stay in the building and are encouraged to wait outside the dance room during class to avoid distractions. All dancers should be in proper attire on the first day of class. Our instructors will introduce themselves and will be available before and after class for questions or concerns.

Classroom Rules

No food or gum allowed is allowed in the dance studio. Waters bottles are acceptable but please refrain from any other beverages as they can be hazardous and unsafe in the dance studio, if spilled. Instructors will verbally redirect dancers as needed throughout the class. Any behavior concerns will be communicated directly to parent/guardian by the dance instructor and/or Recreation Manager.

Pick Up/Drop off

Parents are required to be present at both drop-off and pick-up for each dance class. Students will not be dismissed without an adult present.

Communication

All communication, including if classes are changed, cancelled or adjusted, will be conducted via email, please make sure your email is up to date in our registration system. If you have any questions please contact Chad Shingler, Recreation Manager at cshingler@wheatonparks.org or 630-510-5119. At the beginning of each session, your

instructor will introduce themselves. We take pride in open communication and encourage parents/guardians to communicate with the instructor as much as needed.

Attire

It is important that dancers follow dress code to ensure comfort and efficiency in class. Long hair should be tied back out of the face for all classes and levels and hair should be put into a bun for Ballet. You can purchase dancewear and dance shoes online at Amazon.com, discountdance.com or in person at Payless, Walmart, Target, Dance 'n' tees or Play it Again Sports.

Class	Girls	Boys
Parent/Tot <i>** Parents/Guardians attending class can wear comfortable clothes and socks to class</i>	Leotard (Optional Skirt) Tights Pink Ballet Shoes	Fitted white shirt Black shorts Black ballet shoes
Ballet	Leotard (Optional Skirt) Pink or Natural Color Tights Pink Ballet Shoes	Fitted white shirt Black shorts Black ballet shoes
Tap	Leotard (Optional Skirt) Tights Black tap Shoes	Fitted white T-shirt Black Shorts Black Tap Shoes
Musical Theatre Dance	Leotard (Optional Skirt) Tights Black Jazz Shoes	Fitted White T-shirt Black Shorts Black Jazz Shoes
Hip Hop/Jazz	Fitted Shirt Shorts/Leggings Black Jazz Shoes	Fitted T-shirt Shorts/Sweatpants Black Jazz Shoes
Hip Hop Mini	Fitted Shirt Shorts/Leggings Clean Sneakers	Fitted T-shirt Shorts/Sweatpants Clean Sneakers

WHEATON PARK DISTRICT DANCE ACADEMY CLASS RULES

1. **Be Kind & Respectful**

- Treat teachers and classmates with kindness.
- Use encouraging words — no teasing.

2. **Listen & Follow Directions**

- Pay attention when the teacher is talking.
- Try your best the first time instructions are given.

3. **Take Care of the Space**

- Keep hands off mirrors, barres, and walls unless told to use them.
- Clean up belongings and trash before leaving.

4. **Be Ready to Dance**

- Come dressed in the right dance clothes and shoes.
- Hair tied back, water bottle labeled, no gum.

5. **Respect Personal Space**

- Keep hands and feet to yourself.
- Wait your turn and stay in your dance spot.

6. **Have a Positive Attitude**

- Mistakes are part of learning — keep trying!
- Celebrate your classmates' successes too.

7. **Safety First**

- No running, rough play, or climbing on equipment.
- Tell the teacher if you feel hurt or sick.

