



TEAM ADVENTURE CAMP: JUNIOR ADVENTURERS

WEEKLY SCHEDULE



June 25th – 29th · 9am-12pm

DAY	ACTIVITIES	ADDITIONAL IMPORTANT ITEMS NEEDED
MON	Teams Course	Comfortable Clothes & Sturdy Shoes All Forms & Waivers (see checklist)
TUE	Wilderness Survival	Comfortable Clothes & Sturdy Shoes
WED	Climbing Tower T-shirt Tie Dying	Comfortable Clothes & Sturdy Shoes
THU	Fort Building/Cookout	Comfortable Clothes & Sturdy Shoes
FRI	Geocaching Ice Cream Making*	Comfortable Clothes & Sturdy Shoes

**Please inform us of any dietary restrictions.*

Please note: While we strive to stick to the above schedule, flexibility is necessary. Activities may be adjusted due to weather and other circumstances.

WAIVERS: Parents/Guardians, please sign all the forms and waivers listed on the checklist for your child’s camp. **All necessary forms and waivers must be completed and signed by a parent or legal guardian in order for your child to participate.**

Suggested items to **bring every day to camp:**

- Small backpack
- Water bottle
- Sunscreen
- Sunglasses
- Bug spray
- Hat
- Snack

All Team Adventure Camps begin and end at the east entrance of the Lincoln Marsh at 1000 W Lincoln Ave near the Lincoln Marsh Natural Area sign. If you have any questions, please call 630.871.2810.



TEAM ADVENTURE CAMP: JUNIOR ADVENTURERS FORMS AND WAIVERS



Below is a checklist of forms and waivers that you will need for camp. Please print, complete, and bring these with you the first day of camp. These forms can also be downloaded at www.wheatonparkdistrict.com.

- Health History & Emergency Form
- Medicine Dispensing Form (if needed)*
- Inhaler/Epi-Pen Waiver (if needed)*

*If you have a camper who needs to have medicine available at camp, please contact the Lincoln Marsh office at 630.871.2810 or you can download the Medicine Dispensing form at www.wheatonparkdistrict.com. The Inhaler/Epi-Pen waiver must be completed in addition to the Medicine Dispensing form if your camper will self-administer an inhaler or Epi-Pen.



**Wheaton Park District
Health History and Emergency Form**

Attach Picture
Here

Name of Camp: _____ Session: _____

Name _____ Birthday _____ Age _____ Grade in Fall _____

Home Address _____ City _____ Zip Code _____

Parent/Legal Guardian _____ Phone Number _____

Address _____ City _____ Zip Code _____

(If different from address above)

Work Phone: _____ Cell Phone: _____

Second Parent/Legal Guardian _____ Phone Number _____

Address _____ City _____ Zip Code _____

(If different from address above)

Work Phone: _____ Cell Phone: _____

If not available in an emergency, notify:

Name _____ Relationship _____

Cell: _____ Home Number: _____

Address _____ City _____ Zip Code _____

Insurance Information

Is the participant covered by family medical/hospital insurance? ___yes ___no

If yes, indicate carrier or plan name _____ Group # _____

Carrier Address _____ City _____ Zip Code _____

Name of Insured _____ Relationship to participant _____

Physician Information

Name of Physician _____ Telephone _____

Address _____ City _____ Zip Code _____

Name of Dentist _____ Telephone _____

Address _____ City _____ Zip Code _____

Authorization for Emergency Medical Treatment

I authorize the Wheaton Park District to take action as necessary in case of an emergency.

Date Signature of Parent or Guardian

Please see back side of form for health information

Health History

The parent/legal guardian must fill in the following information. The intent of this information is to provide camp personnel the background for appropriate care. Keep a copy of the completed form for your records.

ALLERGIES – List all known Medication Allergies (List)

Describe Reaction and Management of the Reaction

Food Allergies (List)

Other Allergies (List) – include insect stings, hay fever, asthma, animal dander, bug spray, etc.

Restrictions (The following restrictions apply to this individual)

Does not eat:

Peanuts

Tree Nuts

Pork

Poultry

Seafood

Eggs

Dairy

Other

Please describe other: _____

General Questions (Explain “yes” answers below)

- | | | | | | |
|--|-----|----|--|-----|----|
| 1. Had any recent injury, illness or infectious disease? | Yes | No | 7. Ever had back problems? | Yes | No |
| 2. Have a chronic or recurring illness/condition? | Yes | No | 8. Ever had problems with joints? | Yes | No |
| 3. Ever had a head injury? | Yes | No | 9. Have any skin problems (rash, itching. Etc) | Yes | No |
| 4. Ever been knocked unconscious? | Yes | No | 10. Have diabetes? | Yes | No |
| 5. Wear glasses contacts or protective eyewear? | Yes | No | 11. Have frequent headaches? | Yes | No |
| 6. Ever been diagnosed with a heart murmur? | Yes | No | 12. Ever have frequent ear infections? | Yes | No |

Please explain any “yes” answers, noting the number of the question (s).

My child is up-to-date on his/her immunizations and tetanus shots: ____yes ____no

Use this space to provide any additional information about the participant’s behavior and physical, emotional, or mental health about which the camp should be aware:

Explain any restrictions to activity (e.g. what cannot be done, what adaptations or limitations are necessary, including swimming info):

My child is authorized to be picked up by the following person(s) from camp: (ID must be provided by person picking up)

1. _____ Relationship _____ Phone # _____
2. _____ Relationship _____ Phone # _____
3. _____ Relationship _____ Phone # _____