



## **Frequently Asked Questions: Light the Torch 5K Night Run 2019**

### **What is the Light the Torch 5K?**

Light the Torch 5K is a fun run/walk provided to you by the Wheaton Park District and the FT Cares Foundation. We provide the fun, you provide the light! This 5K night run is perfect for the avid runner or the casual walker. Although this race is a fun run, it is also a timed event.

### **Who does this race benefit?**

A portion of the proceeds from this race will support FT Cares Foundation and its mission of transforming lives. We strive to light the way to transforming lives, locally, nationally and globally!

### **Registration and Entry Fee**

Registration is currently available. Participants are encouraged to sign up now at [wheatonparkdistrict.com](http://wheatonparkdistrict.com). Online registration ends Tuesday, September 24. Advance Registration is \$35 for individuals and \$30 for teams. Teams must include 4 runners. Registration is also available at packet pick-up (September 26) and on race day (September 28) for \$45. **Entry fees are non-transferrable and non-refundable.**

### **What should I wear?**

Participants are encouraged to dress comfortable, and OF COURSE bring some light (suggestions: glow necklaces, reflectors, head lamps, costumes, etc.). We will be providing participants with glow giveaways, but why not bring more! Also, all runners will receive a collectable run shirt.

### **Since this is a timed event, will there be awards given at the end of the race?**

There will be awards for top finishers in their age category as well as top 3 overall.

The age categories for male and female are: 14 & under, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & up.

### **Can my pet participate?**

Pets are NOT permitted in this race. Please contact Race Directors Michelle Artis at [martis@wheatonparks.org](mailto:martis@wheatonparks.org) or Amy Seklecki at [aseklecki@wheatonparks.org](mailto:aseklecki@wheatonparks.org) if you need to make arrangements with a service animal. Cases need to be reviewed before the race.

### **Can I run with a stroller?**

Strollers are not encouraged but may participate if they wait until the last wave. Strollers at the beginning of the wave will be asked to go to the last wave.

### **What is the race route?**

The race will begin and end at the First Trust Portfolios Building, 120 E. Liberty Drive. The complete race route can be found at [wheatonparkdistrict.com](http://wheatonparkdistrict.com).

**When does the race start?**

The race will begin at 7P but the fun ignites at 5:30P with activities, music and fun! Stay after the race for a laser light show and an after-party open to the public.

**Is there an age limit?**

All ages are encouraged to participate in this night run! Everyone must preregister for this race on [wheatonparkdistrict.com](http://wheatonparkdistrict.com).

**When is packet pick-up?**

Packet pick-up will be Thursday, September 26 between 10A-7P in First Trust's lobby located at 120 E Liberty Drive (entrance between Café Liberty and Wok 'n Fire). If you cannot make the pre-race packet pick-up, racers may check in on Saturday, September 28 from 5:30-6:50P on-site. Race day registration will be \$45 per runner.

**Is there a waiver?**

Every participant will be required to sign a waiver when registering online. For those under the age of 18, a parent or guardian must sign the waiver.

**What if there's inclement weather?**

This race will happen rain or shine! The run committee will continue to monitor the weather and follow the proper protocol in place regarding inclement weather including but not limited to thunderstorms, tornadoes and heat. The run committee holds the rights to cancel, alter or postpone the event due to inclement weather.

**Not a walker or runner? VOLUNTEER! We need lots of volunteers to help us light the way.**

Volunteers are essential to the success of the race. All volunteers receive a short sleeve t-shirt. Please contact Lisa Weier at [lweier@ftportfolios.com](mailto:lweier@ftportfolios.com).

**Further Questions**

For more information and further questions please contact Race Directors, Michelle Artis at [martis@wheatonparks.org](mailto:martis@wheatonparks.org) or Amy Seklecki at [aseklecki@wheatonparks.org](mailto:aseklecki@wheatonparks.org).